



Miio  
TEMPLETON × BODYISM  
GARDEN

Enjoy a curated brunch including  
*one pot, one main and one drink*  
from the options below.

### *Healthy Pot*

Nutty Overnight Oats Blueberry Pot (V) *or*  
Matcha & Chia Seed Pudding (VG)

### *Mains*

Smoked Salmon, Poached Egg, Black Bread, Omega Seed Mix *or*  
Smashed Avocado, Sourdough, Poached Eggs (V) *or*  
Za'atar Grilled Chicken, Baby Leaf Spinach, Salsa Matcha, Labneh *or*  
Buddha Bowl (VG) (Quinoa, Sweet Potato, Feta, Pomegranate, Spinach,  
Blueberries, Tahini Dressing, Chickpeas)

### *Drinks*

Revitalize Smoothie (Bodyism Restore & Define Post-Workout Shake with  
Avocado, Blueberries, Banana, Kale, Ginger & Turmeric) *or*  
Tea or Coffee or Freshly Squeezed Juice

*If you have any allergies or intolerances, please speak to a member of our team.*